



Nutritious Thoughts Outpatient Registered Dietitian

Nutritious Thoughts is group practice of dietitians helping people improve their relationship with food through one-on-one nutrition counseling and community connection. We support the empowerment of individuals to change their lives through nourishment & healing.

We are seeking an individual who aligns with our mission and values while upholding the requirements of the position outlined. We are looking to hire individuals with diverse backgrounds and experiences to best support our communities.

Mission

Through the power of connection and authenticity, we aim to provide compassionate care to every person no matter their abilities, health status, or body size.

Values

- *Inclusion*
 - *Honoring similarities and celebrating differences among our clients, our team and the community*
 - *Communicating clearly, deliberately, and equitably*
- *Compassion*
 - *Holding space for others' lived experiences and perspectives with intentionality*
 - *Approaching our clients, our team and the community with love and respect*
- *Empowerment*
 - *Providing encouragement and support for our clients, team, and community to embody their authentic selves*
 - *Equipping individuals with space and strategies to work towards personal growth*
- *Connection*
 - *Building trusting relationships through curiosity and vulnerability*
 - *Cultivating a space for sharing knowledge, perspectives and experiences within our community*
- *Authenticity*
 - *Being true to ourselves, our clients, our team, and the community*
 - *Living into our beliefs, values and philosophies*



EMPOWER. NOURISH. HEAL

Phone: (828) 333-0096

Web: Nutritious-thoughts.com

Virtual across the state of NC

Locations in Asheville, Hendersonville, Boone, NC



Equal Employment Opportunity

The Company is an equal opportunity employer and does not discriminate in employment opportunities or practices on the basis of race, religion, color, national origin, sex, sexual orientation, gender, age, veteran status, disability, or any other classification prohibited by applicable local, state or federal laws. This policy is applicable to hiring, termination and promotion; compensation; schedules and job assignments; discipline; training; working conditions, and all other aspects of employment. The Company will not tolerate any unlawful discrimination and any such conduct is prohibited.

Nutritious Thoughts is actively working to implement diversity, equity, and inclusion initiatives at all levels of its operations – internally and externally - and is committed to equitable policies and practices. We strongly encourage members of traditionally under-served and under-represented communities to apply to our open positions.

Nutritious Thoughts' Specialties Include:

- *Weight Neutral Care*
- *Eating disorders and Disordered Eating Concerns*
- *Embodiment and Body Image*
- *Nutrition for Substance Use Recovery*
- *Nutrition for Competitive and Recreational Athletes*
- *Chronic Health Concerns: diabetes, digestive issues, food allergies, depression, anxiety, PCOS, gestational/hormonal and reproductive nutrition*

Full-Time Outpatient Registered Dietitian Position Details:

- *Locations in North Carolina: Asheville, Hendersonville, Boone, or Virtual*
- *Onboarding Dates: January, April, July and October*
- *Full-time: 30-40 hours per week (seeking evenings and weekends, but not required)*



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Responsibilities and Skills

- *Weekly Responsibilities*
 - *Conduct individual, group, and family nutrition education and counseling sessions on location or virtually as scheduled.*
 - *FT 20+ client hours per week*
 - *Detailed and timely documentation, including nutrition assessments and progress notes.*
 - *Participation in coordination of care with multidisciplinary team members as needed.*
 - *Individual Supervision*
 - *Office Meetings*
 - *Additional as assigned*
- *Follow Company Policies and Procedures*
- *Meet and maintain company metrics both clinical and administrative*
- *Maintain appropriate and timely communication with team members*
- *Work with interns and new hires (shadowing sessions, educational meetings, etc)*
- *Able to use time management skills to maintain calendar(s)*
- *Establish rapport with clients to build connection and retention*
- *Ability to work autonomously and as part of a team*
- *Excellent communication and interpersonal skills*
- *Advanced knowledge of Google Workspace, Electronic Medical/Health Records, Virtual Platforms*

Expectations and Requirements

- *Residing in the state of North Carolina*
- *Commission on Dietetic Registration (CDR), in good standing*
- *North Carolina State Licensure, in good standing*
- *One (1) year of clinical experience in a setting serving a similar clientele, preferred*
- *Handle sensitive and confidential information and uphold HIPAA regulations and standards*
- *Employee must be located in a HIPAA compliant space with privacy for virtual sessions*
- *Active CAQH account for insurance paneling, preferred*
- *Show good judgment, a professional demeanor and commitment to excellence*
- *Find transportation to and from work*
 - *Carry 25 pounds*



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- *Sit for long periods of time*
- *Capable of managing stressful situations*

Compensation and Benefits:

Compensation

- *Competitive. Hourly. To be discussed during the interview process.*

Benefits

- *Supportive team environment with like-minded clinicians*
 - *Clinical Supervision: Individual and Group*
 - *In-house Trainings*
 - *Continuing Education Opportunities*
- *Administrative Support*
- *Liability insurance*
- *Paid Time Off*
- *Retirement account with up to 3% company matching (Simple IRA)*
- *Paid annual state licensure and annual Commission on Dietetic Registration (CDR)*
- *Medical Benefits offered with 50% paid by Nutritious Thoughts*



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